

CORONAVIRUS (COVID-19) PREVENTION

THE 7 STEPS OF HAND WASHING ACCORDING TO
THE WORLD HEALTH ORGANISATION.



1.
WET HANDS & APPLY
ENOUGH SOAP.



2.
RUB PALMS TOGETHER.



3.
RUB THE BACK
OF HANDS.



4.
INTERLINK FINGERS.



5.
CUP YOUR FINGERS.



6.
CLEAN YOUR
THUMBS.



7.
RUB PALMS WITH
YOUR FINGERS.

BE VIGILANT AND HYGIENIC
AT ALL TIMES!



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