



DO THE

5

**& STOP
COVID-19!**



HANDS:
Wash them often



ELBOW:
Cough into it



HOME:
Stay home if you can



SPACE:
Keep a safe distance




FACE:
Don't touch it



**BE VIGILANT AND HYGIENIC
AT ALL TIMES!**



24/7/365 AUTHORISATION CENTRE
0861 083 084

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 **UMVUZO**
HEALTH
REWARDING LIFE